

# BALANCE YOUR IMMUNITY AND RELIEVE COUGH WITH NATURAL REMEDIES



Food supplement

Liquid 100ml

## DESCRIPTION:

The most common reason for children to visit a pediatrician are for THROAT infections (59%). Help your kid to relieve cough and strengthen immunity with **ImmunoSwiss COUGH**.

Plantago extract **relieves dry cough** associated with colds of the respiratory tract.

Combination of Beta-Glucan and Vitamin C **stabilizes** and **modifies** adequate **immune system response**.

## LIST OF ACTIVE INGREDIENTS:

- BETA 1,3/1,6 D-GLUCAN - naturally occurring bioactive carbohydrate.

Beta-Glucan has the ability to modulate our immune function: to boost it when it's low and get it back in line when it's over-reacting (e.g. in case of allergies and many auto-immune problems) <sup>(1)</sup>. It increases host immune defense by activating complement system, enhancing macrophages and natural killer cell function <sup>(2)</sup>.

- VITAMIN C

Contributes to:

1. the normal function of the immune system;
2. the reduction of tiredness and fatigue;
3. maintain the normal function of the immune system during and after intense physical exercise.

**Official EFSA Health Claims <sup>(3)</sup>**



## SUGGESTED USE:

You can be sure your child is getting everything they need from that **one teaspoon of syrup a day**. Suitable for children (3+ years).

- PLANTAGO EXTRACT

*Plantago lanceolata* (ribwort plantain) extract is traditionally used as a highly effective cough medicine.

Recommended for the relief of symptoms:

1. in colds of the respiratory tract;
2. in inflammation in the mouth and throat.

**Official EMA recommendations <sup>(4)</sup>**

References:

1. Stier et al., PMID: PMC4012169 (2014)
2. Akramiene et al., PMID: 17895634 (2007)
3. European Medicines Agency (2011)
4. European Food Safety Agency (2018)