# BALANCE IMMUNITY AND LIVE YOUR LIFE COMPLETE



**Food supplement** 





# **DESCRIPTION:**

Our immune system plays an important role in maintaining proper health.

When it comes to naturally boosting the immune system by optimizing its response to diseases and infections, **beta glucans** are crucial weapons in the fight to stay healthy.

Combination of Beta-Glucan and Vitamin D3 stabilizes and modifies adequate immune system response.

# **SUGGESTED USE:**

1-2 capsules daily

## **LIST OF ACTIVE INGREDIENTS:**

 BETA 1,3/1,6 D-GLUCAN - naturally occurring bioactive carbohydrate.

Beta-Glucan has the ability to modulate our immune function: to boost it when it's low and get it back in line when it's over-reacting (e.g in case of allergies and many auto-immune problems) <sup>(1)</sup>.

It increase host immune defense by activating complement system, enhancing macrophages and natural killer cell function <sup>(2)</sup>.

B-Glucans can be a tool in tumour drug resistance, metastasis, and relapse (3).

VITAMIN D

#### Vitamin D:

- 1. Contributes to the normal function of the immune system;
- 2. Has a role in the process of cell division.

Official EFSA Health Claims (4)

### References:

- 1. Stier et al., PMCID: PMC4012169 (2014)
- 2. Akramiene et al., PMID: 17895634 (2007)

- 3. Baldassano et al., PMID:28964548 (2017)
- 4. European Food Safety Agency (2018)