# PUMP UP YOUR HEART WITH CONIFER POLYPRENOLS AND COENZYME Q10



Food supplement





## **DESCRIPTION:**

Heart disease remains one of the leading cause of death for both women and men. Even if you have a family history of heart disease, some nutrients can help keep your ticker in top shape.

Patented composition<sup>(1)</sup> of polyprenols and coenzyme Q10 reduces statin-induced adverse effects, as well as improves the functionality of myocardium and muscle cells.

### LIST OF ACTIVE INGREDIENTS:

- SPRUCE NEEDLE POLYPRENOLS unique natural substance - bioregulator obtained by original technology from conifer tree needles and play a vital role in cell metabolism and thereby impact such organ systems as skeletal muscles and heart, liver and brain.
- COENZYME Q10 natural antioxidant synthesized by the body. It is present in higher concentrations in organs with higher energy requirements such as the heart. Coenzyme Q10 is a vital participant in the chain of metabolic chemical reactions that generate energy within cells.
- FLAXSEED OIL loaded with healthy omega-3s, alpha-linolenic acid that have been associated with healthier brains and hearts.

### References:

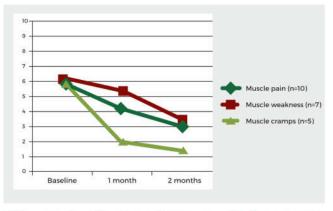
1. Vanaga & Klētnieks, Latvian Patent No. LV 15057 B (2015) 2. Camara et al., Antioxid Redox Signal 13 (2010)

# **SUGGESTED USE:**

1-2 capsule daily

CLINICAL DATA: (open-label, one-center prospective pilot study 11 patients)

Self reported muscle symptom scores during the study period



This complex of active substances with the synergic relations between its components:

- ☑ Improves metabolism and functionality of myocardium<sup>(2)</sup>;
- ☑ Alleviates statin induced muscle symptoms <sup>(3)</sup>;
- ☑ Reduces statin-induced adverse effects (myopathy, rhabdomyolysis, kidney damage, and liver dysfunction) (3)(4);
- ☑ Improves muscle strength (4);
- ☑ Increases load tolerance and energy.

3.Latkovskis et al., Medicina (2016)

4. Jansone et al., Chin J Pharmacol Toxicol (IUPHAR) (2015)